

# Asthma Right Care - Dubai Meeting 12th and 13th April

## Day 1

Timing	Duration	Topic	Key Content	Proposed Speaker /Comments
09:00 - 09:15	5-7	Opening & Welcome / Meeting outcomes & learning objectives	Draft learning outcomes need to be prepared in advance and then agreed with the delegates who are primary care educators IPCRG can draft.	Chair Qutayba Hamid
09:15 - 09:30	23-25	Ice Breaker / Problems / gaps in asthma management in countries	Asthma Right Care Question and Challenge cards: what is the problem we want to commit to solving?	<b>IPCRG - Question + Challenge Cards to be available - Noel/Darush /Claudia to facilitate session</b>  <b>Video to be provided by Claudia 1-1.5 min</b>  <b>On stage, no slides - do a short roleplay</b>
09:30 - 09:45	15	Asthma – chronic burden	Highlight the burden of asthma/ exacerbations and mortality	Prof. Qutayba Hamid
09:45 - 10:25	40	Asthma Paradox	Paradoxes of asthma management	Eric Bateman

10:25 - 11:00	35	Table discussion - Reasons behind uncontrolled asthma	Table discussions with facilitators to bring up reasons behind uncontrolled asthma & establish the common need for action	<p><del>Facilitator (using cards - these will have been used as the ice breaker, but we can pick a few to continue the discussion)</del></p> <p>2 or 3 questions on the iPads on the table, discuss and feedback</p> <p>How does the asthma paradox reflect in your experience?</p> <p>Further discussions on ice breaker conversations</p> <p>Data saved on iPad and reviewed again day 2 - key activities and actions for implementation</p> <p><del>IPCRG - Question + Challenge Cards to be available - Noel/Darush /Claudia to facilitate session</del></p>
11:00 - 11:20	20	Coffee Break		
11:20 - 11:45	25	Asthma unmet medical need -	Share data from countries on under-use of controllers / SABA over-reliance	<p>Eric Bateman and delegates from 2 countries</p> <p><b>Need details to share with Noel, Darush &amp; Claudia</b></p>
11:45 - 12:15	30	Patient insights	Share insights on asthmatic patient patients & pharmacists perceptions/ disease & medications awareness	<p>Gulf speaker: Prof. Qutayba Hamid</p>
12:15 - 14:00	105 min	Prayer & Lunch Break (that will start at 12.00)		

14:00-14:45	45	<p>Training Session 1:</p> <p>What is asthma</p> <p>How to diagnose?</p> <p>How to treat asthma?</p>	<p>Discuss Pathophysiology: asthma is an inflammatory disease</p> <p>How to confirm diagnosis in PC setting (tools &amp; tests)</p> <p>Identifying Severe asthma VS difficult to manage asthma (COPD,...)</p> <p>Treatment options : Difference between controller &amp; reliever medications</p>	<p><b>Noel, Darush and Claudia to lead session</b></p> <p>We have slides on asthma, differential diagnosis, difficult to manage asthma but a lot to fit in. There's a session on difficult to manage asthma and who/how to refer so perhaps leave that til then? IPCRG: PC setting, Dx, controllers Vs relievers</p> <p><b>Do we need to include copies of any Desktop Helpers to be given to delegates?</b></p>
14:45 - 15:30	45	<p>Workshop:</p> <p>Patient case on asthma diagnosis and treatment initiation</p>		<p><b>Noel, Darush and Claudia to lead session?</b></p> <p>Link to ppt and PDF <a href="https://www.dropbox.com/sh/ajr4fk49c8bnvtd/AAAz5D5juV_kyFpUDM27T_mUa?dl=0">https://www.dropbox.com/sh/ajr4fk49c8bnvtd/AAAz5D5juV_kyFpUDM27T_mUa?dl=0</a></p>
15:30 - 15:45	15	Coffee Break		
15:45-16:15	30	<p>Training session 2:</p> <p>Follow-up &amp; adherence - asthma management tools</p>	<p>The importance of follow up in a variable disease. The use of SIMPLES as a review tool How to enhance asthma control</p> <p>Tests and evaluation tools in PC setting in follow-up patients</p> <p>Enhance patient adherence to treatment</p>	<p><b>Noel, Darush and Claudia to lead session</b></p> <p>IPCRG - we've got the desktop helper: <a href="https://www.theipcr.org/display/TreatP/Desktop+helper+2+-+Difficult+to+manage+asthma+in+lots+of+languages">https://www.theipcr.org/display/TreatP/Desktop+helper+2+-+Difficult+to+manage+asthma+in+lots+of+languages</a></p> <p>Referral letter <a href="#">Referral letter - Non-UK PF1.pdf</a></p> <p>See slide versions here</p> <p><a href="https://www.dropbox.com/sh/3w2fnwmva7z6znm/AAB3_BlubheQxBhLhhO30zKja?dl=0">https://www.dropbox.com/sh/3w2fnwmva7z6znm/AAB3_BlubheQxBhLhhO30zKja?dl=0</a></p>
16:15 - 17:00	45	<p>Workshop:</p> <p>Patient case on control assessment and follow-up / Martha Case</p>	IPCRG using Martha case study	<p><b>Noel, Darush and Claudia to lead session</b></p> <p>2019-04-02 IPCRG-ARC Case Studies_Martha for Dubai</p>

17:00 - 17:45	45	Scientific evidence - Controller and reliever therapy in clinical practice		Eric Bateman
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## Day 2

Timing	Duration	Topic	Key Content	Proposed Speaker /Comments
09:00 - 09:15	15	Asthma Right Care introduction		<b>Noel and Darush - IPCRG</b>  Asthma Right Care - Slides for Delivery Teams 2018-06-25.pptx
09:15 - 09:50	35	Good practices from countries -  Asthma control in PC settings	Asthma control in PC settings -  Learnings from Portugal	Claudia - what materials are required?
09:50 - 10:20	30	Training session 5:  Patient behaviors / patient education		Prof Robert Horne  SABA Risk Questionnaire (SRQ) PAGE 1 RH 28-02-19.pdf  SRQ page 2 for IPCRG review RH7-03-19.docx  BTS abstract SRQ draft RH SW 07-03-19.docx  ATB_A5_questionnaire ER.pdf - to include IPCRG and Asthma Right Care logos
10:20 - 11:20	60	Training session 3:  slide deck Training - asthma pathophysiology/ diagnosis & treatment.	AsthmaRightCare + IPCRG tools	<b>Noel, Darush and Claudia to lead session</b>  IPCRG: teach the teacher session - how would you localise and use the three sets of material we've shared: Asthma Right Care and two cases
11:20 - 11:40	20	Coffee Break		

11:40 - 12:50	70	Training session 4:  IPCRG tools/ GINA questionnaire/ algorithms for asthma control.  Severe asthma (& /or (eosophilic asthma) VS difficult to manage asthma	Difficult to manage asthma + Case Studies discussion	<b>Noel, Darush and Claudia to lead session</b>  IPCRG - continued but also include here more on difficult to manage asthma?
12:50 - 13:30	40	Panel discussions		
13:30 - 14:30	60	Group Lunch & departure		

Copy of Agenda Dubai meeting.xlsx

Patient Summary - key points.pdf

Insights to Bronchial Asthma report (002).pdf

Presenter Photos and Bios.docx

## RESOURCES

**Number of delegates attending - 115-125, mostly GPs, influential on training in their country, good English, details to follow**

**Countries sitting together**

**Countries with attendees so far: Saudi, Gulf region, Lebanon, Jordan, Egypt, Sub Sahara, Singapore, Vietnam, Argentina, Malaysia, Mexico, Taiwan, Russia, Chile, Philippines, Thailand, South Africa.**

Resources	Date Approved	To be printed?	Date Sent
Slide Set - Asthma Symptoms and Diagnosis - Case Studies 1, 2 and 3		NO	26/3/19
Slide Set - Difficult to Manage Asthma		NO	26/3/19
Slide Set - SIMPLES		NO	26/3/19
Slide Set - Challenging Asthma		NO	26/3/19
Slide Set - Martha Case -		NO	02/4/19
Slide Set - Asthma Right Care - Introduction		NO	26/3/19

## TIMETABLE

Dates	Topic	People
21st - 25th March	Planning meeting with Salim	Siân, Nicola and Salim
25th - 29th March	Meeting to discuss programme and materials	Siân, Noel, Darush, Claudia and Nicola
1st April	Presentations and other materials sent to AZ for approval	Nicola to send to Salim
TBC	Printing to be organised	Nicola to agree with Salim
12th-13th April	Meeting taking place  Sofitel Downtown Hotel - Dubai <a href="http://www.sofitel-dubai-downtown.com/">http://www.sofitel-dubai-downtown.com/</a> · <b>Address:</b> Sheikh Zayed Rd, Dubai · <b>Phone:</b> +971 4 503 6666	Noel, Darush and Claudia

Slide Set - sharing best practices to enhance asthma management - <b>to be provided by Claudia</b>		NO	
Asthma Right Care Question & Challenge Cards		YES	28/3/19
Asthma Right Care Slide Rule		YES	26/3/19
English - are Spanish and Portuguese required?		YES	26/3/19
Asthma Right Care Slide Rule Guidance Notes		YES	26/3/19
English - are Spanish and Portuguese required?		YES	26/3/19
Desktop Helper - Difficult to manage Asthma		YES	26/3/19
English, Spanish, Portuguese, Russian			
Desktop helper 2 - Difficult to manage asthma			
Referral Letter - Difficult to manage asthma		YES	26/3/19
Referral letter - Non-UK PF1. pdf			