PATIENTS’ AND DOCTORS’ OPINION ABOUT THE DISEASE PROGNOSIS, IN STABLE COPD PATIENTS IN GREECE
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Aim: Patients and doctors opinion on the COPD status and management are rarely assessed. This study aimed to find out levels of agreement and satisfaction on COPD prognosis between doctors and patients.

Methods: A total of 544 stable COPD patients from Greece were assessed through a cross-sectional study. Patients demographic data, previous treatment, lung function testing and co-morbidity were recorded. Every patient and doctor completed an additional questionnaire respectively regarding satisfaction issues. Descriptive were estimated as well as chi-square test, which was applied on variables regarding the patients’ and doctors satisfaction about the disease.

Results: An agreement between patients and doctors was found in most of the answers. Agreement was found in 31.5% of the answers on issues as: enough worries about the disease’s status. 53.1% of the doctors believed that their patients’ disease status could be improved while the 39.4% of the patients shared the same opinion. Only, 13.7% of the doctors and 6.8% of the patients thought that the disease’s status couldn’t be improved in the future.

Conclusion: Patients’ and doctors’ opinions about the prognosis of the disease were significantly similar, with the doctors being more positive regarding possible disease improvement. Finally, most patients gave answers of medium or high levels of satisfaction referring to the way of coping with their disease.

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